

# AIR PURIFYING PLANTS

Buchwalter Greenhouse



All known for their ability to remove harmful toxins from the air, these plants also contribute to a calming and relaxing atmosphere, making them a great addition to any indoor environment.



## OUR TOP PICKS:

- *English Ivy*
- *Peace Lily*
- *Spider Plant*
- *Snake Plant*
- *Dracaena*

\*Plant availability may vary depending on the season.

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## SNAKE PLANT

One of the most important ways that snake plants purify the air is through the removal of toxins such as formaldehyde (a ubiquitous chemical virtually in all indoor environments; too much, irritates the eyes, nose, and throat) and benzene (a solvent in many basic items including gasoline, inks, oils, and rubber; known to irritate skin and eyes).



## SPIDER PLANT

With lots of rich foliage and tiny white flowers, the spider plant battles benzene, formaldehyde, carbon monoxide and xylene, a solvent used in the leather, rubber and printing industries. As an added bonus, this plant is also considered a safe houseplant if you have pets in the house.



## ENGLISH IVY

English ivy absorbs formaldehyde, found in some household cleaners, and can reduce the amount of airborne fecal matter. Keeping an English ivy plant on your desk may help to give you better focus as it also absorbs trace amounts of benzene which is a chemical commonly found in office equipment.



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## PEACE LILY

Peace lilies have been found to be very good at removing formaldehyde, benzene, and carbon monoxide from the air. They absorb the pollutants from the air through their leaves, then send them to their roots, where they're broken down by microbes in the soil.



## DRACENEA

This striking house plant filters out benzene, formaldehyde, trichloroethylene, and xylene. The NASA study found that Dracaena compacta removed 96% of formaldehyde from the air in a 24-hr period! Plus with over 40 varieties, you'll definitely find one you love!

**\*\*According to a study done by NASA, it is proven that these plants do improve air quality; although the area tested was a small contained space. Having 2 of these plants in your living room will not clean the whole room; rather placing one of these on your desk at work 3ft away from you would be more realistic at getting the clean air affects.**

## OTHER OPTIONS

- *Bamboo palm*
- *Chinese evergreen*
- *Gerbera Janet daisy*
- *Aglaonema*
- *Ficus benjamina*

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